



Phoenix News

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2015 Season Review...

Cross Country

- **Ibrahim Kedir**
OFSAA - 10th Junior Boys
AO Junior Championships - 3rd
National Junior Championships - 13th
- **Ed Hayfron**
OFSAA - 5th Senior Boys
National Junior Championships - DNF
- **Montana Smith**
OFSAA - 163rd Senior Girls
AO Youth Championships - 88th
- **Aiden Gosslett**
OFSAA - 14th Midget Boys
AO Midget Championships - 62nd
- **Christiana Augustin**
National Junior Championships - 45th

Track & Field - Big Performances!!

- **Marissa Papaconstantinou**
National Championships - 1st T44 200m (Canadian Record), 2nd T44 100m
International Paralympic Champs - 7th T44 200m (Canadian Record), 8th T44 100m (*PB)
- **Ed Hayfron**
OFSAA - 1st SB 1,500m, 3rd SB 800m
World Youth Championships - 25th 1,500m *Ed got a stomach illness at this meet (in Colombia)
- **Katrina Innanen**
OFSAA - 1st SG 4x400m, 2nd SG 4x100m, 3rd SG 200m (*PB), 5th SG 400m (*PB)
National Junior Championships - 4th 200m

HELP NEEDED!!!

Phoenix needs help in providing a better experience for its athletes and their families.. You guys!! We need Board positions filled and/or volunteer assistance for insight and specific initiatives (i.e. Fundraising, Social Activities, Marketing, etc.)

NEW

2016 Club Fees

Club Fees are now **\$700**

The Registration Form is now interactive: it can be completed electronically and emailed back to your coach.

There will also be a **\$100 Fundraising Fee**. Our goal is to fundraise so that we can refund the \$100 to each family. There is currently nothing planned as we have no Fundraiser on the Board. Please see above box for more on Fundraising.

2016 Indoor Season

Meets begin mid-Jan. & end late-Feb./early-Mar.

- Meets of **main importance**: championship meets listed in the box to the right. *Athletes will have the opportunity to compete in their age group and above (as decided by the coach). Seek your coach for more info.
- **Which meets are attended** (and events competed in): decided by the coach for each athlete
- It is *possible* that the **AO Youth & Senior Champs** will be in Windsor, in which case travel arrangements will need to be made soon

For athletes looking to compete against the best North America has to offer: the **New Balance National Scholastic Indoor Championships in New York City is where its at. Phoenix competitors in recent years include: **Marlon Laidlaw-Allen** (200m), **Chardae Henry** (Mile), **Ed Hayfron** (800m) and **Katrina Innanen***

Main Meets 2016

these are just some of the meets for 2016. More can be found at athleticsontario.ca under "Events"

February 7 (Sunday)

AO **Prep** Meet
York University (TTFC)

Feb. 13-14 (Sat. & Sun.)

AO Youth & Senior **Champs**
TBD...

March 5-6 (Sat. & Sun.)

AO Bantam, Midget & Junior **Champs** "BMJ's"

